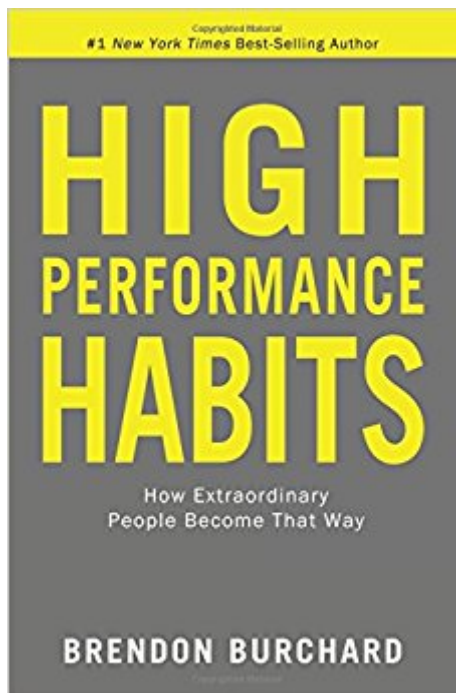




Ebook Directory
the best source of ebook

The book was found

High Performance Habits: How Extraordinary People Become That Way



Synopsis

THESE SIX HABITS WILL MAKE YOU EXTRAORDINARY. After extensive original research and a decade as the world's highest-paid performance coach, Brendon Burchard finally reveals the most effective habits for reaching long-term success. Based on one of the largest surveys ever conducted on high performers, it turns out that just six habits move the needle the most in helping you succeed. Adopt these six habits, and you win. Neglect them, and life is a never-ending struggle. We all want to be high performing in every area of our lives. But how? Which habits can help you achieve long-term success and vibrant well-being no matter your age, career, strengths, or personality? To become a high performer, you must seek clarity, generate energy, raise necessity, increase productivity, develop influence, and demonstrate courage. This book is about the art and science of how to practice these proven habits. If you do adopt any new habits to succeed faster, choose the habits in this book. Anyone can practice these habits and, when they do, extraordinary things happen in their lives, relationships, and careers. Whether you want to get more done, lead others better, develop skill faster, or dramatically increase your sense of joy and confidence, the habits in this book will help you achieve it. Each of the six habits is illustrated by powerful vignettes, cutting-edge science, thought-provoking exercises, and real-world daily practices you can implement right now. HIGH PERFORMANCE HABITS is a science-backed, heart-centered plan to living a better quality of life. Best of all, you can measure your progress. A link to a professional assessment is included in the book for free.

Book Information

Hardcover: 400 pages

Publisher: Hay House, Inc. (September 19, 2017)

Language: English

ISBN-10: 1401952852

ISBN-13: 978-1401952853

Product Dimensions: 6.3 x 1.4 x 9.1 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,631 in Books (See Top 100 in Books) #58 in Books > Business & Money > Personal Finance #101 in Books > Self-Help > Success

Customer Reviews

BRENDON BURCHARD is the world's leading high performance coach and one of the

most watched, quoted, and followed personal development trainers in history. *Entrepreneur* magazine and *O, The Oprah Magazine* have both named him one of the most influential leaders in personal growth and achievement. He has trained and certified more people on the topic of high performance than anyone in the world. Brendon is a #1 *New York Times*, #1 *USA TODAY*, and #1 *Wall Street Journal* best-selling author, whose books include *The Motivation Manifesto*, *The Charge*, *The Millionaire Messenger*, and *Life's Golden Ticket*. An early pioneer in online education, Brendon's personal development videos have now been viewed over 100,000,000 times. More than 1.6 million people have taken his online courses or video series. He is also a Top 100 Most Followed Public Figure on Facebook and the star of the most watched self-help show on YouTube. For these results, Oprah.com named him "one of the most successful online trainers in history." As CEO of the High Performance Institute, Brendon leads a team of coaches, creators, and researchers whose mission is to help people create and enjoy extraordinary lives. He travels the globe speaking, and serves as the lead trainer at High Performance Academy and an Innovation Board member at XPRIZE. Meet him at Brendon.com.

[Download to continue reading...](#)

High Performance Habits: How Extraordinary People Become That Way Million Dollar Habits: 27 Powerful Habits to Wire Your Mind For Success, Become Truly Happy, and Achieve Financial Freedom (Habits of Highly Effective People Book 1) High Fiber Recipes: 101 Quick and Easy High Fiber Recipes for Breakfast, Snacks, Side Dishes, Dinner and Dessert (high fiber cookbook, high fiber diet, high fiber recipes, high fiber cooking) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) Habits! 21 Powerful Simple Mini Habits to Boost Your Mind, Hack Your Productivity and Achieve Success in Life (Healthy Living eBooks, Self Control and Discipline,) Habits: Easy Habits for a Better Life. (Life, Business, Success, Habit, Happiness) Rich Habits: The Daily Success Habits of Wealthy Individuals Mini Habits for Weight Loss: Stop Dieting. Form New Habits. Change Your Lifestyle Without Suffering. millionaire success habits: 2 Manuscripts - Millionaire Mindset habits and simple ideas for success you can start now, Money top secrets of accumulating more money Mini Habits: Smaller Habits, Bigger Results Performance-Based Medicine: Creating the High Performance Network to Optimize Managed Care Relationships The Lost Art of High Performance Driving: How to Get the Most Out of Your Modern Performance Car

(Speed Secrets) Do You Talk Funny?: 7 Comedy Habits to Become a Better (and Funnier) Public Speaker
Zen: Beginner's Guide to Understanding & Practicing Zen Meditation to Become Present (Zen for Beginners, Zen Meditation, Zen Habits, Meditation for Beginners)
The Easy Way to Stop Smoking: Join the Millions Who Have Become Non-smokers Using Allen Carr's Easy Way Method
Improve Your People Skills: Build and Manage Relationships, Communicate Effectively, Understand Others, and Become the Ultimate People Person
Get Fit Now For High School Basketball: The Complete Guide for Ultimate Performance (Get Fit Now for High School Sports)
Music Practice: The Musician's Guide To Practicing And Mastering Your Instrument Like A Professional (Music, Practice, Performance, Music Theory, Music Habits, Vocal, Guitar, Piano, Violin)
Real Estate Investing: 3 Manuscripts: How to Become Successful on a Property Market; How to Flip Houses for Passive Income; How to Become a Successful Real Estate Agent

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)